



TIMES HEALTH EXCELLENCE 2024

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SHINING A SPOTLIGHT ON KARNATAKA'S MEDICAL TRAILBLAZERS



Sonu Sood

Healthcare stands as the cornerstone of a thriving society, with doctors, medical professionals, and health establishments institutions playing pivotal roles in enhancing lives and well-being. Recognising their exceptional contributions inspires innovation, fosters excellence, and drives progress in the field, ensuring high-quality care for all.

On December 6, 2024, The Times Health Excellence 2024 unfolded at the opulent JW Marriott Hotel on Vittal Mallya Road, Bengaluru. Hosted by Optimal Media Solutions, a division of The Times of India, this prestigious event honoured 31 outstanding individuals and organisations in

Karnataka's healthcare sector for their exceptional service, innovation, and impact.

Adding glamour and inspiration to the event was the celebrated actor and philanthropist Sonu Sood, who presented awards to the distinguished achievers. His humanitarian work resonated deeply with the honourees, who have dedicated their careers to transforming lives through healthcare.

The vibrant RJ Tuhin took charge as the Master of Ceremonies, infusing the evening with energy and excitement. His dynamic presence brought life to the event. Entertainment reached its peak with a mesmerising performance by Arrows Dance Company. Established in 2005, this leading South Indian troupe enthralled the audience with a blend of contemporary, hip-hop, and Bollywood dance styles, delivering an unforgettable experience.

The evening also featured insights from esteemed healthcare leaders, including Dr. Kishore K S of Sagar Hospitals, Dr. Shafiq AM of Trilife Hospital,

and Dr. Ashwin K R of Aster CMI Hospital. Their expertise shed light on critical issues in healthcare and provided a vision for its future.

Ensuring the credibility of the awards, Avance Insights Pvt Ltd, an independent research agency, conducted a meticulous evaluation process. Through secondary research and factual surveys, the honourees were recognised for upholding the highest standards of excellence in their fields.

Supported by key partners—JW Marriott Bengaluru as Hospitality Partner, Ultra as the Good Times Partner, and SDU Winery as the Celebrations Partner—the event exuded sophistication and vibrancy.

Times Health Excellence 2024 was more than a celebration; it was a testament to the unwavering dedication of healthcare professionals shaping Karnataka's healthcare landscape and inspiring a healthier future for all.



Dr. Kishore K S - Sagar Hospitals
TOPIC - ARE YOU MINDFUL?



Dr. Shafiq A M - Co Founder MD and CEO, Trilife Hospital
TOPIC - WHY A DOCTOR-CEO MUST PRIORITIZE LEADERSHIP OVER PRACTICE?



Dr. Ashwin K R - Aster CMI Hospital
TOPIC - INNOVATIONS SHAPING THE FUTURE OF CANCER SURGERY

RJ TUHIN: NOT JUST A PRETTY VOICE

The event was hosted by RJ Tuhin (lovingly known as Tuttur Tuttur Tuhin by the entire city), enthralled everyone with his baritone and captivating voice.

A multi-faceted radio jockey, mimicry artist, podcaster, actor, Emcee and a storyteller with radio experience of over 17 years.

From leading award-winning shows in Delhi, Mumbai and Dubai, and Singapore to being the voice of Bengaluru, Tuhin entertained Bengaluru city with his show KA935 every evening for 7 years.

A master mimic, Tuhin can impersonate over 50 personalities, from Amitabh Bachchan to Hollywood stars, adding a fun twist to his shows. He is now a full time Emcee, actor, podcaster, providing podcast solution to brands.



Tuhinanshu Chaturvedi (RJ Tuhin)

WINNERS AT TIMES HEALTH EXCELLENCE 2024

Winners	Categories
Indiana Hospital & Heart Institute Ltd	Excellence In Multispeciality Hospital - Dakshina Kannada
Bharath Hospital & Institute Of Oncology, Mysuru	Excellence In Onco Patient Care
Shekar Eye Hospital	Excellence In Ophthalmology
Dr. Amritha Prabha	Service Excellence In Surgical Oncology
Aster CMI Hospital	Excellence In Department Of Heart Failure Treatments And Heart Transplantation Procedures
Dr. Rajeev Bashetty-United Hospital	Service Excellence In Urology Surgery
P.D. Hinduja Sindh Hospital	Excellence In Comprehensive Medical Care
Sagar Hospitals	Excellence In Department Of Neurology
Synbiopro Nutraceutix (OPC) Pvt Ltd	Excellence In Nutraceuticals
Akash Superspecialty Hospital - A Unit Of Akash Institute Of Medical Sciences And Research Centre, Bengaluru	Excellence In Super Speciality Hospital
Dr. Naveen M A - Gleneagles Hospitals, Bengaluru	Service Excellence In Minimal Access Brain And Spine Surgery
Dr. Nandini M Hadalagi - Nandini Women's Clinic	Emerging Obstetrician
Kshemavana	Excellence In Wellness & Holistic Healing - Yoga & Naturopathy
Sagar Hospitals	Excellence In Department Of Neuro Surgery
Dr. Mahesh M.N - Sathya Sai Orthopaedic & Multispeciality Hospital	Service Excellence In Joint Replacement And Spine Surgery
Archish Fertility & IVF Clinic	Excellence In Infertility Care
Dr. Yusuf A. Kumble - Indiana Hospital & Heart Institute Ltd	Pioneer In Cardiology
Dr. Faridha Khanum Abbasi	Service Excellence In Ayurveda
Vasavi Hospitals (A Unit Of Sree Vasavi Trust)	Excellence In Robotics Surgery
Aster CMI Hospital	Excellence In Neurosciences
Dr. Chandramouli B - United Hospital	Service Excellence In Orthopaedic Surgery
Dr. Ravindranath Reddy D R - Gleneagles BGS Hospital, Kengeri, Bengaluru	Service Excellence In Interventional Cardiology
Bangalore Gastro Centre Hospital	Excellence In Gastroenterology
Akash Superspecialty Hospital - A Unit Of Akash Institute Of Medical Science And Research Centre, Bengaluru	Excellence In Mother & Child Health
Asian Institute Of Scoliosis	Service Excellence In Scoliosis, Structural Rehabilitation & Research. (Chiro Bio Physics & Bio Mechanics)
Dr. S C Veerendra Kumar	Service Excellence In Dental Implantology
Dr. Sneha Shetty - Vriksh Fertility	Service Excellence In Advanced ART Treatment
Dr. Sunil G Kini	Service Excellence In Robotic Orthopaedic Surgery
Trilife Hospital	Excellence In Multispeciality Hospital
Adyant Ayurveda	Excellence In Panchakarma Treatments
Dr. C. Ravi Kumar Reddy - Anjani Pain Management Center	Service Excellence In Pain Management

BLENDING STYLES AND INSPIRING AUDIENCES: ARROWS DANCE COMPANY

Arrows Dance Company, founded in 2005 in Kochi by choreographer Sajith, stands as a premier force in South India's dance industry. Known for its distinctive style, the group specialises in contemporary, hip-hop, Bollywood, and acrobatics, creating captivating performances. From gracing top TV channels to winning national competitions and choreographing celebrity shows, Arrows has left an indelible mark. They also provide professional dance coaching and fitness programs, blending creativity and energy to inspire audiences.



Hospitality Partner



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ADYANT AYURVEDA



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ARCHISH FERTILITY & IVF CLINIC



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ASIAN INSTITUTE OF SCOLIOSIS



EXCELLENCE IN SUPER SPECIALITY HOSPITAL
AKASH SUPERSPECIALTY HOSPITAL - A UNIT OF AKASH INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE, BENGALURU



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DR. NAVEEN M.A, GLENEAGLES HOSPITALS, BENGALURU



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SAGAR HOSPITALS



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INDIANA HOSPITAL & HEART INSTITUTE LTD



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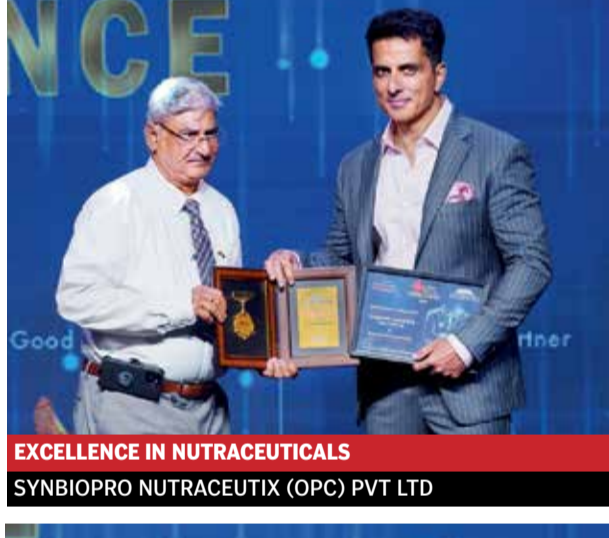
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DR. SUNIL G KINI



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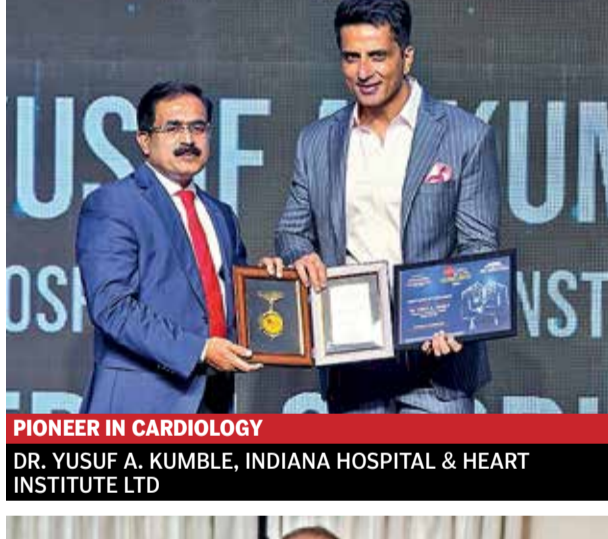
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SERVICE EXCELLENCE IN UROLOGY SURGERY
DR. RAJEEV BASHETTY, UNITED HOSPITAL



PIONEER IN CARDIOLOGY
DR. YUSUF A. KUMBLE, INDIANA HOSPITAL & HEART INSTITUTE LTD



SERVICE EXCELLENCE IN AYURVEDA
DR. FARIDHA KHANUM ABBASI



EXCELLENCE IN ROBOTICS SURGERY
VASAVI HOSPITALS (A Unit of Sree Vasavi Trust)



SERVICE EXCELLENCE IN ADVANCED ART TREATMENT
DR. SNEHA SHETTY, VRIKSH FERTILITY



SERVICE EXCELLENCE IN INTERVENTIONAL CARDIOLOGY
DR. RAVINDRANATH REDDY D R, GLENEAGLES BGS HOSPITAL, KENGERI BENGALURU



EXCELLENCE IN GASTROENTEROLOGY
BANGALORE GASTRO CENTRE HOSPITAL



EXCELLENCE IN MOTHER & CHILD HEALTH
AKASH SUPERSPECIALTY HOSPITAL - A UNIT OF AKASH INSTITUTE OF MEDICAL SCIENCE AND RESEARCH CENTRE, BENGALURU



SERVICE EXCELLENCE IN SURGICAL ONCOLOGY
DR. AMRITHA PRABHA



EMERGING OBSTETRICIAN
DR. NANDINI M HADALAGI - NANDINI WOMEN'S CLINIC



SERVICE EXCELLENCE IN PAIN MANAGEMENT
DR. C. RAVI KUMAR REDDY, ANJANI PAIN MANAGEMENT CENTER